

# YOUTH AND YOUNG ADULTS NEWSLETTER

Faith | Hope | Love

## Saint George Parish

Our Parish Vision: To welcome all, build connections to Christ and one another, and live our faith as true disciples of Jesus.

## Mustard Seed



Please keep in mind our families in need that we serve meals to at the Mustard Seed. Watch for announcement in the bulletin and web page for calls to volunteer or donate food or money to the cause. Any help in this important ministry is greatly appreciated. See Annie Doyle for more information.

## Hope for Housing

Please stop by after mass to purchase grocery cards for all the major grocery stores. Your purchase helps fund housing for families that are less fortunate in our area. This is a particularly difficult time of the year with the cold weather and there is no extra cost passed on to you.

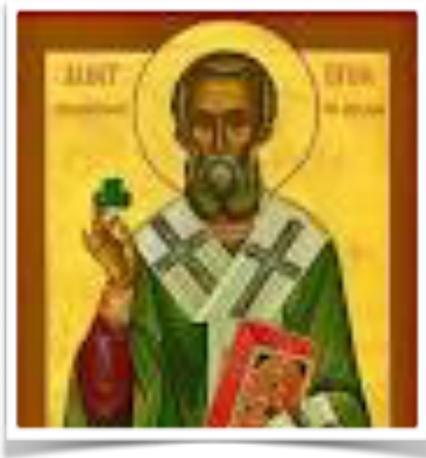
## Spring Has Sprung...



or so we thought...so much for those seventy degree days. But at this time of year, it is not just the weather that (eventually) changes for the better. It is the season of Lent that nudges us in the right direction through the tradition of “giving something up” for 40 days. This temporary reprieve from a behavior better left behind is a chance to make a permanent change that lasts through all seasons. It is also an opportunity to cleanse our souls through the sacrament of reconciliation. Think of it as the spring showers (or torrential wind driven rains) that cleanse the earth of all the dirt covered snow on our roadways. By freeing ourselves of a behavior that we agree is a waste of time at the beginning of Lent, we free ourselves of an unnecessary distraction that keeps us from doing Gods work.

Let your life be the sun that shines brighter in someone else's life each day by bringing hope to life. It is what we are called to do as disciples of our faith. If you are looking for an answer to what God is calling you to do with all your newfound free time, come visit one of the many ministries within our parish or our diocese. It may be that you find what God is calling you to do.

God Bless you and your families this Easter season.



## Saint Patrick

(Best Saint “evah”)

St. Patrick - Feast day - March 17th. St. Patrick of Ireland is one of the world's most popular saints. Born in Roman Britain then captured by Irish pirates during a raiding party at age 14, Patrick was taken to Ireland as a slave to herd and tend sheep. He escaped at age 20 after having a dream from God in which he was told to leave Ireland. Upon returning home he had a vision that he was being called to return to Ireland and he entered the priesthood. Patrick was later ordained a bishop and sent to take the Gospel to Ireland. He arrived in Slane, Ireland in 433 where he worked to convert the Druids and pagans and build churches until his death on March 17, 461 near Saul. Patrick often used shamrocks to explain the Holy Trinity. (americancatholic.org).

## *Young Adult Resources (Age 18-36)*

Tim Messenger of the Worcester Diocese has placed links from the various young adult groups on the diocesan website. This page is intended for adult level conversation and guidance and includes some mobile apps, books and websites you may find helpful. <http://www.neworchester.org/ya-resources>.

As always, if there are parish level suggestions or needs, or you wish to share your talents, please do not hesitate to contact [youthministry@saintgeorgesparish.org](mailto:youthministry@saintgeorgesparish.org).

## *Four things that happen when we persevere in a state of grace*

As taken from <https://catholic-link.org/persevering-state-of-grace-lent-spiritual-exercises-3-gospel-reflection/>

1. We become detached from worldly concerns - and as a result have an easier time rejecting worldly desires
2. We become zealous and pious for the work God is calling us to do
3. We rise to new life - just as Jesus rebuilt the “temple” in thee days we begin slowly and rebuild our temple
4. We worship the Lord in spirit and truth - participation in the mass takes on a new meaning when we are in a state of grace

## *Prayer for Young Adults*

We ask that you keep our college bound parishioners in your prayers this month as they decide on not only whether to go to college, but where to go and what to study there. Ask that God guide them to a place where their faith can continue to grow.