

# YOUTH AND YOUNG ADULTS NEWSLETTER

Faith | Hope | Love

## Saint George Parish

Our Parish Vision: To welcome all, build connections to Christ and one another, and live our faith as true disciples of Jesus.

## Mustard Seed

Please keep in mind our families in need that we serve meals to at the Mustard Seed. Watch for announcement in the bulletin and web page for calls to volunteer or donate food or money to the cause. Any help in this important ministry is greatly appreciated. See Annie Doyle for more information.

## Hope for Housing

Please stop by after mass to purchase grocery cards for all the major grocery stores. Your purchase helps fund housing for families that are less fortunate in our area. This is a particularly difficult time of the year with the cold weather and there is no extra cost passed on to you.



## Birth of Christ

*“I’d rather live in His world than live without Him in mine”*

As we prepare for Christmas and the birth of Christ, it is important to remember all that comes with His birth. It is not just a celebration but a chance to focus on a year long devotion to being Christ like in our lives. Think about what it means to be Christ like, how many challenges there are with the secular world around us as we balance morals, values, schedules, weekly mass and prayer, service to others, and the things we enjoy. Our life as Catholics built around Christ is a life worth living. Where would we be in times of need without a foundation of faith to sustain us? How many times in our life have we relied on prayer or been thankful when prayers have been answered? It is all made possible through Christ. During the Christmas mass this year, make a point to greet those around you and build your Catholic community to sustain you throughout the year and know that you are being prayed for on a daily basis to assist you in times of need. Merry Christmas to you and your families!



## Saint Margaret - Feast Day November 16th

St. Margaret of Scotland was an English princess born in Hungary to Princess Agatha of Hungary and English Prince Edward the Exile around 1045. Margaret's family fled from England after William the Conqueror's victory at the Battle of Hastings in 1066. Due to a storm the ship landed in Scotland. Malcolm Canmore III, the king of Scotland, welcomed Margaret and her family and put them under his protection. He soon fell deeply in love with the beautiful and kind princess. Margaret and Malcolm became married in 1070 at the castle of Dunfermline. They lived a deep Catholic Christian faith as a holy family, a domestic church. Together they prayed, fed the hungry, and offered a powerful example of living faith in action. She encouraged Church synods and was involved in efforts to correct the religious abuses involving Bishops, priests and laypeople. Her impact in Scotland led her to being referred to as, "The Pearl of Scotland." She was canonized in 1250 by Pope Innocent IV.

## Young Adult Resources (Age 18-36)

At some point when two people meet and that meeting grows into a relationship, there is a transformation. It is not typically planned and when we ask our friends for advice as things "get serious" they may tell us to follow our gut instincts. Scientists may even suggest that this gut reaction is actually a pre-programmed biological response to past experiences governed by our microbiota, meaning it guides us in a direction where we feel comfort. So where does God fit in to all this? When we reflect on the story of the wedding at Cana we start to understand. Just as only Jesus had the power to turn water into wine at the wedding that day, only Jesus can turn a relationship into love. So when you think you were lucky to find that special someone in your life, reflect and give thanks for the relationship that you have.

Tim Messenger of the Worcester Diocese has placed links from the various young adult groups on the diocesan website. This page is intended for adult level conversation and guidance and includes some mobile apps, books and websites you may find helpful. <http://www.neworchester.org/ya-resources>.

As always, if there are parish level suggestions or needs, or you wish to share your talents, please do not hesitate to contact [youthministry@saintgeorgesparish.org](mailto:youthministry@saintgeorgesparish.org).

## Prayer for Young Adults

Gracious and Loving God, help young men and women to be a light for all the world to see, in all the places they live and work. Let their light shine for all peoples: for their families, for their church communities, for their cultures and societies, for the economic and political systems, for the whole world. Coming into the room where the disciples were gathered after the resurrection, "Jesus, your son, said: Peace be with you!" (Jn 20:21). Make these men and women bearers of Christ's peace. "Blessed are the peacemakers, Teach them the meaning of what was said on the mountain: for they shall be called sons and daughters of God" (cf. Mt 5:9). Send them, Father, as you sent your son: to free their brothers and sisters from fear and sin. We ask this of you, in Christ's name. Amen.